



## Worksheet #8: Embrace the Journey

There is no compensation without "C.O.M.P." – so stay focused, stick with the plan and answer the daily yes/no questions below:

1. CONSISTENCY Did you complete your daily goal?	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. ONE Did you learn one new skill that can immediately be put to use?	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. MASTERY Are you putting in the effort required to become a master?	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. PACE Are you on pace to finish in the planned timeframe?	<input type="checkbox"/> Yes <input type="checkbox"/> No

If you can answer yes to all of these daily questions, you are doubling down successfully.

If you cannot answer yes, you need to revisit your plan to ensure that you have set realistic targets.