



Worksheet #4: Pros & Cons

STEP #1: List your goal

- _____

STEP #2: List the pros and cons

PROs	CONs

STEP #3: Score the pros and cons

When scoring the pros and cons, I recommend using a scale of 1 to 5, with 1 being the lowest score and 5 being the highest score.

PROs	SCORE



CONs	SCORE

STEP #4: Sum the pros and cons

PROs	CONs

STEP #5: Compare and make your decision

Here is a blank, MS Excel version of the worksheet with space for several Pros and Cons:



GOAL			
PROs	PRO SCORE	CONs	CON SCORE
TOTAL		TOTAL	