



Worksheet #2: Self-Proclaimed Experts

1. Who is always in my corner? How do I feel about them?

2. Who have I recently supported? How did I help them?



3. Who recently made a decision I didn't agree with? What did they decide? What was the outcome?

4. How did I react to his/her decision? How did that make him/her feel? What could I have said or done differently?
